

Caring for confidence: Professional skills for wellness, skincare, and beauty

This four-year elective course provides students with the knowledge and hands-on training needed to offer beauty and wellness services. It covers skincare, facial treatments, hand and foot care, make-up application, and client consultation—developing both technical ability and personal presentation.

The course encourages self-care, hygiene, entrepreneurship, and confidence, preparing students for careers in beauty salons, wellness centers, and personal care services.

What Students Will Learn

Students progress through essential and advanced beauty therapy practices:

- Form I: Personal grooming, skin analysis, hygiene, tools and product safety, and introduction to facial care.
- Form II: Manicure and pedicure techniques, exfoliation, massage basics, and natural skin care products.
- Form III: Make-up techniques for different occasions, facial massage, hair removal basics, and beauty routines.

• Form IV: Spa treatment principles, client consultation and care, business setup, marketing, and beauty entrepreneurship.

Students use skincare products, make-up kits, towels, manicure tools, facial steamers, and practice mannequins.

Assessment & Support

- 30% Continuous Assessment: Based on practical work, hygiene habits, and service simulations.
- 70% Final National Examination (Form IV).
- Parents' Role: Support healthy habits, encourage confidence and responsibility, and assist with materials where possible.

Career Opportunities

Upon completion, students may pursue careers such as:

- · Beauty Therapist
- Make-up Artist
- Nail Technician
- Spa or Wellness Assistant
- Skincare Product Consultant
- Beauty Entrepreneur

Learning how to express ideas with impact